

WALKING IN THE BLESSING OF THE LORD

Most of us are probably more blessed than we think we are.

When we think of blessings, we tend to think mostly of material blessings, but there are also spiritual blessings.

Spiritual blessings are things like eternal life, the Holy Spirit, joy and peace.

Blessing is a theme that is brought up approximately 400 times throughout the scriptures.

The simplest definition of the hebrew word for bless is “to kneel down.”

We tend to focus on how the Lord can bless us, but we need to focus more on how we can bless the Lord.

In Psalm 103, David was commanding his own soul to bless the Lord.

We must bless the Lord, even when we don't feel like it.

Actually, we must bless the Lord, especially when we don't feel like it.

It's more important to kneel down on the inside, than it is to kneel down on the outside (physically).

Do we have anything inside of us that keeps us from blessing the Lord or bowing down to the Lord?

Three points about blessing:

1. Bow to bless.

Kneel before the Lord with the right attitude.

We bless the Lord most when we come under His lordship.

2. Don't forget any of the Lord's benefits. (Psalm 103:2)

Think about all the benefits the Lord has already given you.

Write down at least 20 of them.

3. Bless those who persecute you; bless and do not curse. (Romans 12:14)

We can curse in a lot of different ways.

We can curse with our actions, with our words, with our facial expressions.

We can curse with our attitude.

We can curse by criticizing.

SCRIPTURE LIST

Ephesians 1:3

Psalm 103:1-2

Psalm 102:1-3

Romans 12:14

1 Samuel 24

2 Samuel 1