

JESUS - THE BREAD OF LIFE

You can never get too much to eat spiritually.

Jesus performed the miracle of feeding thousands of people with 5 loaves and 2 fish.

Afterward, the people were focused on physical food.

But Jesus taught them instead about spiritual food.

Jesus taught them to stop “working” for physical food.

Instead, “work” for food that lasts, food that brings eternal life

Work toward believing in Jesus.

When we put our faith in Jesus, we are sealed with the Holy Spirit.

Jesus is the bread of life - He gives life.

Some video games give you a certain number of lives.

When all of your lives are gone - GAME OVER.

At the end of your life, do you want to hear the father say “well done” or “game over?”

When God gave the Israelites manna, they were required to gather it every day, except the 6th day.

Only on the 6th day were they allowed to gather enough for two days.

When some of them saved manna until the next day, it was filled with worms.

Likewise, we cannot live on yesterday's bread, we must feed on the bread of life every day.

Jesus is the word of God and we must consume the word of God every day.

Give us THIS day our DAILY bread (the Lord's prayer).

Without the bread of life... it's game over.

Our spiritual health is in direct proportion to our word consumption.

Points of Application:

1. Understand that Jesus is the bread of life

You can supplement, but there is no substitute.

Watching Christian TV without reading the word is like taking vitamins without eating a meal.

You cannot be healthy, your marriage cannot be healthy, your family cannot be healthy without the bread of life.

2. We need to develop a hunger for the bread of life.

You have to acquire a taste for it.

The only way to acquire a taste for the word is to read the word.

3. We need to consistently feed on the word of God

Just like eating physical food, it does not work to eat a whole bunch of food today and then skip eating the rest of the week.

The Life Journal is a great way gain consistency.

After you read the word, ask the Holy Spirit to seal it and to help you apply it to your life.

SCRIPTURE LIST

John 6:25-50

Ephesians 1:13 + 4:30

Exodus 16

John 1:1-5

Matthew 6

Matthew 4:1-4

Luke 22:19